

Seaside Hiking Club (SHC)

Purpose:

1. To provide San Diego County hikers and their friends with regular outdoor group hiking experiences throughout San Diego County.
2. To provide a positive setting for the exchange of outdoor information, education and knowledge.
3. To educate and create an awareness, interest, and understanding of the importance of preserving our natural environment.
4. To share the essential spiritual and physical health benefits that hiking in nature provides.
5. To provide a way for North San Diego hikers and their friends to meet and connect.
6. To perform occasional cleanup and maintenance of San Diego County trails.

Membership requirements:

1. Open to hikers and their friends.
2. Be 18 years of age or older.
3. Able to comfortably hike a minimum of five miles of varied terrain.
4. Have certain minimal equipment.
5. Be willing to share in the cost of shared transportation.
6. Sign the release of liability, purpose and guidelines.

Leaders: Leaders are responsible to organize and lead members on a pleasant and safe trip. They are volunteers -- not rangers who are involved in day-to-day trail activities. Unforeseen conditions such as weather or washed out trails may change a hike including routes, trails, total miles, etc. It is impossible to give advance notice of such changes.

Neal Hribar has spent his entire life exploring nature and the outdoors. He discovered the power of nature as a child who played in the woods every available moment. He has accomplished most individual outdoor sports and hiked in Colorado, Oregon, Washington, Utah, Nevada and Southern California. He has explored most parts of San Diego County over the last 26 years. Neal finds peace and harmony in nature and loves sharing the outdoor experience with others. 760-496-7935 or 760-822-8690 - home@hribar.com

Return all forms to Neal Hribar: e-mail - home@hribar.com fax - 760-918-1650
Keller Williams Realty 6005 Hidden Valley Road #200 Carlsbad, CA 92011

Guidelines:

1. SHC is for able-bodied hikers only. It is not a walking or beginners hiking club.
2. Hikes will be 5 to 8 miles in length with varied terrain.
3. Not all the trips will be pre-hiked by the leaders -- we will do some exploring.
4. Pets or children under 18 are not included.
5. Club meetings may be held from time-to-time to discuss future hikes and to socialize.
6. Members who leave the group during a hike are considered to be on their own.
7. If in the leader's judgement a hiker is unprepared, lacks the proper equipment or does not seem physically able to complete the trip, the leader has the right to not permit the individual to participate in the event.
8. Photos of events will be sent out to members in a slide show format and may be posted on the Internet -- therefore the photo release.
9. Car pools and ride sharing will be organized and encouraged to save precious resources.
10. Car pool drivers are to be reimbursed by their riders @\$\$.65 per mile, the latest AAA estimate of the cost to own and operate a vehicle.
11. A description of every hike will be sent to members via e-mail with maps and directions.
12. Hikes may be limited to the number of participants. The size of the group depends on the particular hike.
13. Cancellations must be made if a hiker cannot make it in order to free up space for another member.
14. Hikes will be scheduled throughout the County -- usually on the weekend. Sunday hikes will start at 11 am or later to allow members to attend the church of their choice. Thursday evening hikes will be scheduled during the summer when daylight permits.
15. To enhance your outdoor experience, you are encouraged to leave cell phones and portable music devices at home or in the car.

Name _____

Address _____

Home Phone _____ Cell Phone _____

E-mail _____ E-mail _____

Hiking Experience? _____

Your Last Hike? _____

Emergency Contact _____

Signature _____ Date _____

SEASIDE HIKING CLUB RELEASE OF LIABILITY

I understand that hiking and other activities organized by the Seaside Hiking Club (SHC) involve inherent risks to both person and property, including personal injury, loss, damage or death. As a participant in SHC activities, I accept the risks of any injury and other loss and I agree to be solely responsible for my own safety.

I agree for myself, my heirs, family, assigns, personal representatives and next of kin to release, indemnify and hold harmless SHC and the Seaside Center For Spiritual Living (SCFSL), international, national and all umbrella organizations, officers, directors, agents, trip leaders and other members for any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of any parties or otherwise, to the fullest extent permitted by law. Originally started through the Seaside Center for Spiritual Living (SCFSL) in Encinitas, SHC has no religious preferences and is now open to all hikers.

I attest that I am 18 years of age or older and that my physical and mental state and equipment are adequate for safe participation in SHC events. I certify that I am not aware of and not under treatment for any limiting physical infirmity, ailment or injury that would interfere with my participation in the activities of SHC. Furthermore, I will not take part in any activity for which I do not have the knowledge, skill, equipment and physical condition for my safety.

I understand that SHC will communicate among its members via e-mail and that my name and e-mail will go into the SHC database. I give permission to distribute my name and e-mail to other SHC members and prospective members. I may unsubscribe and/or request that my name, personal information and e-mail be removed from the SHC list at any time.

I also understand that photographs may be taken of SHC events and distributed to the media, other members and posted on the Internet. I give permission to use photographs of me for these and other legal purposes, and I waive the right to inspect or approve the finished version(s), including written copy that may be created in connection therewith.

This RELEASE applies to all parts and phases of the SHC activities including transportation to and from any activity either when supplying my own transportation or participating in car pools, when available.

I have read the purpose and guidelines of SHC and I agree to uphold and comply with them. I understand that the event leaders have the authority to cancel or change an activity or to refuse participation to anyone for any reason. This RELEASE will remain effective as long as I participate in activities of SHC. I have read and agree to the terms and conditions of this RELEASE, am fully familiar with its contents and sign it voluntarily.

Signature _____ Date _____

Print Name _____

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